

## INSTRUCTIONS

### AERIAL YOGA HAMMOCK AIRFIT

#### PACKAGE CONTENTS

- Yoga hammock
- Storage bag

#### TECHNICAL SPECIFICATIONS

- Material: nylon taffeta
- Dimensions: 250 × 150 cm
- Max carrying load: 300 kg



#### HOW TO INSTALL

- Install mounts or hooks onto your ceiling (not included). They should be at least 41 cm apart and in line.
- You can also use a beam or a pole to fasten the hammock.
- Use rope to make a link from the ceiling to the hammock.
- Fasten the hammock to the ropes.
- See this picture for reference:



#### WARNINGS

- Do not use the hammock until you are sure that the mounts can hold your weight easily.
- Exercise with the hammock at your own risk.

#### WARRANTY

The warranty is valid for 24 months. You can claim it from DFVU d.o.o., Liparjeva 6a, 1234 Mengeš, Slovenia, for a replacement product or a refund. Send us your order number and purchase date in the email, which is available by clicking on our logo in the bottom right corner. The product has a lifetime of 24 months from the date of collection.

